

## Childrens' menu

# **Build-your-own pancake**

8.5

Three mini buttermilk pancakes served with three toppings to make your own happy mini stack.

#### Choose 1 protein:

- ★ Cumberland sausage
- ★ streaky bacon
- ★ halloumi

#### Choose 2 of the following:

- ★ banana
- ★ blueberries
- ★ berry compote
- \* baked beans
- ★ poached or fried egg
- ★ maple syrup
- ★ house chocolate sauce
- ★ white chocolate sauce
- ★ mango & white chocolate sauce
- ★ home-made sea salted caramel
- ★ lemon & sugar

### **Drinks**

organic cold or warm milk	1.75
hot chocolate (made with dark & white chocolate)	2.75
home squeezed OJ	3
apple juice	2
apple & mango juice	2.5

#### **Buttermilk batter**

Used for our savoury and sweet dishes, our staple batter is made fresh every day and left to steep for at least 8 hours. The high welfare eggs & buttermilk are a superb source of minerals, vitamins & proteins and our own flour blend of organic plain and buckwheat flour contributes to lowering cholesterol & blood sugar levels - plus we only use a small amount of sugar. Due to their fluffy nature, our pancakes are "slow" to cook. You may have to wait a little longer than you would expect. We think it's worth it!

#### 3-in-1 batter (ve,gfr,df)

Our alternative batter is dairy-free, vegan & wheat-free and is made with our flour blend of organic rice and buckwheat flour plus soy milk & chickpea water.

gfr - gluten friendly

ve - vegan

df - dairy free

Allergy advice Please note our kitchen handles many allergens and we cannot guarantee the absence of dairy, eggs, gluten, nuts, celery sesame, mustard & others in our dishes. Please speak to a member of staff about your dietary requirements before placing an order.

I saw the world's greatest pancake, the sight was more than I could take!
I gobbled it up, till I thought I might pop.
That might have been my last pancake...

I had a pancake, shaped like a moon. the chocolate was so yummy, I think I'll be back soon!

- Eliana

- Keira

