



We simply love pancakes for the same reason everyone else does. They are the stuff of tradition, shared meals and family rituals, of love really. They happen to also be really good for you.

My mum was a fishmonger who raised me to always respect the people, the soil and the waters who provide us with our food. And so we work with people who really care and for whom sustainability, provenance, fair pay and kindness is the norm. I hope you will taste the goodness of great ingredients and the bliss of food cooked fresh from scratch.

*Patricia*

Here's a shout out to some of the incredible people behind our drinks:

Pact Coffee's Stephen Rapoport has taken the middlemen (11 normally) out of the coffee commodity trade, instead providing continues investment and income security to small coffee farmers. As for Henrietta at London's The Rare Tea Coie, Rene Redzepe says "Tea to H is like a teddy bear to a child". Mira makes her chai with coconut sugar and traditional spices whilst Sakina from Vanilla Bazaar's unrivalled passion for those incredible beans from Madagascar makes it's way to our vanilla infused drinks.

All prices are inclusive of VAT. A discretionary 12.5% service charge will be added to your bill, 100% of which goes to our teams. We are a cashless restaurant.

## Coffee by Pact coffee

Spanish latte 🐣	4.5
L.A. style w. condensed milk	
Latte	4.25
Cappuccino	4
Flat white	4
Cortado	3.5
Americano	3.8
Espresso/Macchiato	s 2.5 d 3.5

## Chocolate & speciality

Islands hot chocolate	4.2
White hot chocolate	4.75
Mocha	5
White mocha 🐣	5.25
Chai latte	4.25
made with coconut sugar & 6 spices	
Dirty chai latte	4.75
Turmeric ginger oat latte	4.2
peppery with a hint of cinnamon	

## Tea by The Rare Tea Co

we'll top up your hot water any time

Breakfast, Earl grey, Emerald green	4
Hibiscus flower & honey	4
Fresh mint	3.8
Fresh lemon, ginger & honey	4

## Wine

	glass 175ml	bottle 750ml
<b>White, piquepoul (ve)</b> Languedoc, France, 2021	8	25
<b>Orange (ve)</b> Emilia-romagna, Italy, 2021	9	27.5
<b>Red, merlot</b> Veneto, Italy, 2019	8	25

## Sparkling

	glass 175ml	carafe 500ml	bottle 750ml
Mimosa	9	22.5	
Mango bellini	9	22.5	
<b>Prosecco Ville d'Arfanta</b> Italy, 2019	8	25	

## Iced

Iced vanilla cold foam latte	5.5
Iced vanilla or Spanish latte	4.75
Iced latte, chai or chocolate	4.5
Iced mocha or dirty chai	5
Iced americano	4
<b>Sproda</b> 🐣 americano, sparkling water, lemon zest	4

## Matcha by The Rare Tea Co made with British oat milk

Iced cold foam matcha 🐣	6.5
Iced vanilla matcha	6
Iced matcha latte	5.5
Matcha latte	5
Vanilla matcha latte	5.5

whipped cream +1.5

extra shot +1

honey +1

maple syrup +2

🐣 - something we love to shout about

## Juice

	standard 250ml	large 350ml
Freshly squeezed OJ 🐣	4.5	6
Apple juice	3.5	4.5
Apple & mango juice	4	5
Cold pressed green juice apple, spinach, celery, ginger, lime		6
Cold pressed amber juice apple, carrots, lemon, ginger, turmeric		6

## Refreshers

Freshly squeezed lemonade still or sparkling	3.8
Vanilla bean lemonade still or sparkling	4
Earl-grey lemon iced tea	3.8
Hibiscus cooler 🐣 made with ginger, cinnamon & lime	4
Karma cola (contains barley)	4.5
Blueberry & ginger kombucha	4.5
Still or sparkling water 75cl	5

## Smoothies

made fresh to order with nutritious buttermilk

Vanilla, lemon, blueberry & buttermilk	7.5
Mango, maple lassi & buttermilk	6.5

## Beer & Cider

<b>Isastegi traditional</b> Basque cider 37.5cl 6%	7
<b>Baybrooke Helles lager</b> British brewed, Bavarian style 33cl 4.2%	6
<b>Villages' rodeo pale ale</b> brewed in Deptford, Seattle style, 33cl 4.6%	6

## Happy Hour

2 cocktails for £14  
every day 4pm till close

**Early bird booster** 6.5  
weekdays 8-10am

Coffee, tea or hot chocolate with a choice of:  
★ overnight oats, almond butter, banana, mixed seeds  
★ apricot-almond granola, yoghurt, fruit  
★ soda bread toast with butter & jam

**Continental breakfast** 15.5  
till 11am

★ Freshly squeezed OJ  
★ Any coffee, tea or hot chocolate  
★ Simple pancakes with choice of maple & butter or other sauce

**Lunch duo** 17.5  
weekdays 1-3pm

Any juice with a choice of:  
★ Canadian  
★ Australian  
★ Buddha brunch  
★ Goats cheese & honey - Dutch Baby

**Afternoon fix** 15.5  
weekdays 3-5pm

Any hot or iced drink (or prosecco) with a choice of:  
★ any sweet pancakes  
★ apple pie Dutch Baby

## Pancakes at home

**Giftbag for pancake lovers** 12.50  
pancake mix, maple syrup & recipe card

**Organic pancake mix / 3-1 mix** 4.75

**Canadian maple syrup 236ml** 9.50

## Pancake gift card

For a birthday, for the heck of it or just say I love you.

From £25





## Buttermilk pancakes

Our signature buttermilk batter is made fresh daily, steeped for 8 hours, and low in sugar. Made with high-welfare eggs and a blend of regenerative flours, it's both nourishing and delicious. Our fluffy, fermented pancakes take a little longer to cook - we think they're worth the wait!

## 3-in-1 pancakes (ve, wg, df)

Our alternative batter is dairy-free, vegan & without gluten and is made with our flour blend of organic rice and buckwheat flour, soy milk & chickpea water.

"Who on Earth came up with the idea of breaking an egg and separating the yolk? That person was a genius!"

*Ferran Adria, Spanish chef*

- something we love to shout about

**With a nod and bow to some of the loveliest and best people we are lucky to work with:**

Jorge and his team at Swaledale Butchers roam North Yorkshire for the best meats from farmers who care deeply about their animals and the soil. Organic flour miller Shipton Mill from Somerset has lead regenerative farming for many decades. Bex Tonks from St Ewe has weathered many "bird" storms with her love for her hens, making her Cornish eggs invaluable to our batters and dishes.

## Sweet pancakes

### Seasonal

whether made with strawberries or wintery pears, this dish reflects the British harvest seasons

**Ask your waiter for todays special**

### Recovery

two pancakes, banana, almond butter, apricot-almond granola & pure Canadian maple syrup

**We love it with a side of blueberries!**

### Black forest berries

two pancakes, berry compote, toasted almonds, house cream, strawberry meringue & Callebaut chocolate sauce

### Banoffee marshmallow

two pancakes, banana, sesame crisps, Maldon sea salted caramel & marshmallow cream

**Pairs perfectly with a dirty chai!**

### Simple

two pancakes served with a choice of maple syrup & butter, lemon & sugar, or other sauce

**Why not add fruit, compote or house cream?**

### Warm oven-baked cookie

Doughlicious' chocolate chip or matcha white chocolate chip cookie

**Top with vanilla ice cream to make it a dessert**

## Dutch Babies

Yorkshire pudding meets centuries-old German oven-baked pancake!

### Goats cheese & hot honey

goats cheese, mature cheddar crisps, jalapeño honey, roasted rosemary & thyme served with a simple lemon & Belazu olive oil dressing

### Apple pie

seasonal British apples, almond paste, blueberries, toasted almonds with a choice of house cream or vanilla ice cream

**Allergy advice:** We use common allergens in our restaurant and cannot guarantee the absence of allergens from our dishes and drinks. The risk of cross contamination of nuts, gluten, dairy & egg is high due to the nature of our menu and we would not advise those with a severe allergy to these to dine with us.

## Savoury pancakes

### Canadian

three pancakes, streaky bacon, pure maple syrup, blueberries or banana

*vegetarian option: grilled halloumi (v)*

*vegan option: vegan bratwurst & 3-1 pancakes (ve)*

### Pulled beef pastrami

two pancakes, native breed brisket, cheddar, sauerkraut, 1000 island sauce, kale salad & pickles

**Try with a reassuring glass of Bavarian style lager**

### Buddha brunch (ve, v, wg)

one 3-1 pancake, smashed avocado, kale & chickpea tabbouleh, roasted chilli squash & cherry tomatoes, onion-jalapeno pickles, nigella seed tahini

**For a protein boost, add a no-nonsense vegan bratwurst**

### English breakfast

two pancakes, streaky bacon & breakfast sausage (wg), fried or poached egg, roasted tomatoes, slow cooked baked beans & maple syrup

*vegetarian option: grilled halloumi (v)*

**Go the extra mile with our NEW soda bread toast**

### Royal

two pancakes, two poached eggs, our signature hollandaise, tarragon, asparagus and a choice of:

★ smashed avocado (v) or bacon

★ smoked salmon

## Don't fancy pancakes?

### Australian (ve, df, wg)

one polenta fritter, smashed avocado, oat crème-fraîche, rocket, preserved Beldi lemon & Belazu olive oil

**Love a salty kick? Add some bacon or halloumi**

### Edamame, kale & halloumi salad

with chickpeas, roasted squash, rocket, lemon & horseradish dressing

### Bacon butty

buttered soda bread toast, crispy bacon & brown sauce

**For added comfort, add a poached egg or some roasted tomatoes**

### Avocado toast

soda bread toast, smashed avocado, Belazu virgin olive oil, pumpkin seeds & chilli flakes

voa – vegan option available

v – vegetarian

wg – without gluten

ve – vegan

df – dairy free

## Furry treats

### Battersea hearts'

**dog cookies** 3

## Tasty extras

### Protein

streaky bacon	4
breakfast sausage (wg)	3.5
bratwurst (ve)	4.5
smoked salmon	5
poached or fried egg	2
slow cooked baked beans	4
grilled halloumi	3.5

### Fruits & vegetables

blueberries	3.5
banana	2.5
apple compote	3
berry or seasonal compote	3.5
avocado	4.5
kale salad	3.75
chickpea tabbouleh	3.75
home pickles	2.5

### Creams

house cream	all 2.5
marshmallow cream (ve)	
vanilla ice cream	

### Sauces & syrups

pure Canadian maple syrup	all 2.75
70% dark or white chocolate	
mango & white chocolate	
Maldon sea salted caramel	
Pip & Nut almond butter	

### Base

pancake	3
corn fritter	4
soda bread toast & butter	3.25

## Small (breakfast) appetite?

**Apricot-almond granola**  S 5.5/ L 8.5  
with yogurt & fruit

**On toast** 3.75

Irish soda bread toast with butter and jam or almond butter and jam

**Overnight oats (gf, df, ve)** 4.75

pumpkin & sunflower seeds, raisins, almond butter, compote & banana

### Small royal

one pancake, poached egg, hollandaise, tarragon, asparagus with a choice of:

★ smashed avocado or bacon	12.5
★ smoked salmon	13.5